Now we add the powder to the plain ice-cream and stir. Cut up some bananas, and spread on some toffee. And now you can pig-out!!!



The idea was to make you a birthday dessert. Grind up the beans, take a big spoonful and taste,





And, because your birthday is in the winter, Sam suggests you can clean yourself up running your face along the snow.

Happy Birthday from your Quorum buddies.



Longtime ago we planted cocoa beans, hoping to come years later and turn them into cocoa powder...