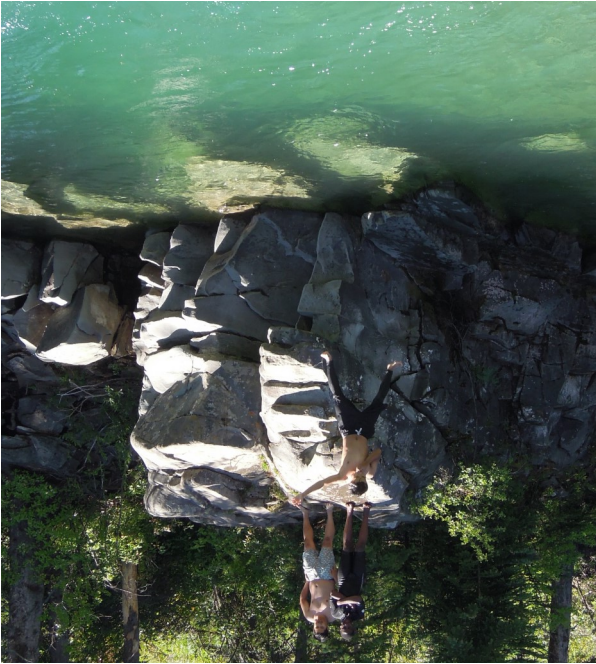


Then when you work up a sweat
again, you can hop of a cliff for a
cool dip!



Oh, right, remember to plug your
nose, dropping height matters.



For your birthday shower, isn't it great when
you can just belt out those tunes!

Then finish the day off, sucking back your ice-cream
birthday cake

Happy Birthday Aaron from all your
Quorum buddies.

